Additional Tests (male)

	N4 (=0.0	Pland tosto: Vitamin D12, falia asid. (25)011-itami. D
Nutritional	¥16,720	Blood tests: Vitamin B12; folic acid; (25)OH vitamin D
Screening		Consider these tests if you have a restricted diet
Tests		(vegetarian), if you have low natural sunlight
<u> </u>		exposure or experience chronic tiredness.
STI (Sexually	¥14,630	Additional blood tests: Syphilis (RPR); HIV
Transmitted		Additional urine tests: Chlamydia; Gonorrhea
infection)		
· · · · · ·		If you have any symptoms or concerns, please discuss with
Screen		your doctor as well.
Sex Hormones	¥15,950	Additional blood tests: Testosterone; Pituitary Sex
		Hormones (LH, FSH and Prolactin)
Sex normones		Consider these tests if you have low libido or
		unexplained fatigue, irritability, loss of muscle tone
		or poor recovery from exercise.
	¥4,400	Blood test: Helicobacter Pylori antibody
Helicobacter		This bacteria commonly colonizes the stomach and
Pylori Test		duodenum. It can cause ulcers and increases
Fylori Test		stomach cancer risk.
		Examines the stamp density of Gardelle states and
Gastroscopy	¥55,000	Examines the stomach using a flexible scope and
Usually requires pre-		camera to look for signs of cancer and other disease.
booking. Sedation can		Consider this if you have chronic stomach problems
be given.		such as pain or weight loss.
		Japanese people have a much higher incidence of stomach
		cancer than westerners so are advised to have regular
		stomach screening from age 30.
Colonoscopy	¥110,000	Examines the colon using a flexible scope and camera
Usually requires pre-		to look for polyps, bowel cancers, infection and
booking. Sedation		inflammation. Recommended regularly for all
usually given.		individuals over 45 and recommended for those aged
2.0		40 or above who have a family history of bowel
		cancer.
Carotid Artery	¥11,550	An ultrasound scan of the larger arteries in your
Ultrasound		neck. Identified plaque / narrowing of the arteries.
Scan		Consider this test if you are over 50 or if you smoke,
Stall		have high blood pressure, high cholesterol, diabetes
		or a family history of heart disease or stroke.
Sleep Study	¥33,000	Performed at home overnight using a portable
. ,		device. Checks for sleep apnea, recommended if
		you've been noted to have airway obstruction while
		sleeping, particularly if this is combined with
		daytime fatigue.
Continuous	¥29,700	You will be fitted with a sensor which continuously
Glucose		measures your blood sugar over 14 days. During this
Monitoring		time, keep a food diary. This will help to determine
Monitoring		your individual response to different meals.
		Charge covers the cost of the sensor and a follow up
		consultation to discuss the results with your doctor.
☐ Measles,	¥13,860	Blood test for antibodies.
Mumps and		Younger people will typically be immune from
Rubella		childhood vaccination, though the year in which MMR
		was introduced varies by country.
Immunity		Consider if unsure about your vaccination history.
EXPEDITED REPORT		

EXPEDITED REPORT

Within 5 working days. (otherwise 14 days)		Your report will be completed and mailed in 5 working days and emailed as a PDF at the same time.
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Additional Tests (female)

Nutritional Screening Tests¥16,720Blood tests: Vitamin B12; folic acid; (25)OH vitam Consider these tests if you have a restricted die (vegetarian), if you have low natural sunlight exposure or experience chronic tiredness.STI (Sexually¥14,630Additional blood tests: Syphilis (RPR); HIV Additional wine tests: Chlamudia: Consurtion	
Screening Tests(vegetarian), if you have low natural sunlight exposure or experience chronic tiredness.	et
Tests exposure or experience chronic tiredness.	
I STI (Sevijaliv F14,050 Additional blood (CSCS: Syphilis (RFR), 117	
Additional uring tasts: Chlamydia: Conorrhoa	
Iransmitted	
infection) If you have any symptoms or concerns, please discus	s with
Screen your doctor as well.	
¥15,950 Additional blood tests: Estrogen, Pituitary Sex	
Sex Hormones Hormones LH, FSH and Prolactin)	
Consider if you have abnormancies to your cycl	e -
changes in frequency of menstrual periods or	da da
unexpectedly uncomfortable, light or heavy per ¥4.400 Blood test: Helicobacter Pylori antibody	rioas.
	and
duodenum It can cause ulcers and increases	anu
Pylori Test stomach cancer risk.	
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Gastroscopy ¥55,000 Examines the stomach using a flexible scope an camera to look for signs of cancer and other dis	
Usually requires pre-	
booking. Seducion can	ieiiis
be given. Japanese people have a much higher incidence of sto	omach
cancer than westerners so are advised to have regul	
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Usually requires pre-	l
hooking Sedation Inflammation. Recommended regularly for all	
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cancer.	Ĺ
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Ultrasound Consider this test if you are over 50 or if you sn	
Scan have high blood pressure, high cholesterol, dia	betes
or a family history of heart disease or stroke.	
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to have airway obstruction while sleeping, particularly if this is combined with daytime fai	tione
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Multips and Rubellachildhood vaccination, though the year in which was introduced varies by country.	II IVIIVIK
was incroadeed varies by country.	orv.
Immunity Consider if unsure about your vaccination histo	
ImmunityConsider if unsure about your vaccination historHPV High Risk¥9,900Additional test performed with your PAP smear If both regular PAP smear and high-risk HPV te	r test.
Immunity Consider if unsure about your vaccination histo	r test. st are

EXPEDITED REPORT