



United States Visa Medicals

Items to bring

- 1) Original valid passport.
- 2) Case number letter (Letter from the US Embassy or National Visa Center/ NVC)- printed hard copy.
- 3) 4 photographs (Height 4cm x Length 3cm) for paper-based exams (ie. K-1/ Diversity/ Non-Immigrant visas)
****Photos are not required for E-medical applicants****
****Please confirm if your case is E-medical or paper-based when making your appointment****
- 4) Vaccination records (if available). (please bring paper copies, not the apps or photos)
- 5) Pregnant or possibly pregnant patients must present proof of pregnancy such as a medical certificate from an OBGYN doctor or mother-baby book. If you are pregnant, please inform our staff when booking your appointment. A chest x-ray must be performed to complete this exam. A protective covering will be used over the pelvic area but please consult your regular obstetrician if there are any concerns in taking the chest x-ray.
- 6) Applicants with serious medical conditions should bring details (medical certificate in English) regarding treatment and current health status.
- 7) Applicants with a history of tuberculosis infection should inform us in advance and previous chest X-ray films/ test results, medical certificate from a treating doctor, medication details should be brought in on the examination day.
- 8) Children under 6 years old should bring their "Mother & Child Notebook" if available.
- 9) Glasses or contact lenses (if worn)

**** Please bring printed hard copies of all proofs/ documents (medical certificates, vaccination records, etc.) No digital files or apps. ****

Precautions:

- **When taking the chest x-ray:** You will be asked to remove clothing covering the upper body (including shirts/ undershirts/ bras/ tank tops, etc.) before taking the chest x-ray. Please avoid wearing clothing that cannot be taken off quickly such as dresses/ overalls/ jumpsuits/ bodysuits, etc.
- **Female applicants** may undergo the medical during menstruation.
- The examination will take approximately 2 hours (for one applicant). Applicants will be called in order of appointment time (not in the order of arrival/ check in).
- **Please come at the set appointment time.** Examinations cannot be started early for those who come early, well before (ie.1-2 hours before) their set appointment time.
- Fasting is not required for this examination.

Pre-Examination preparations

For paper-based exams (K-1/ Diversity/ Non-Immigrant visas): Applicants who have scheduled their appointment and undergoing paper-based exams are asked to complete an on-line medical questionnaire by 2 working days before the examination day so all necessary forms can be prepared before their visit. Please complete and submit the medical questionnaire through this link: <https://tmsc.jp/us-visa-application-form>

For E-medical exams (Immigrant visas): E-medical applicants do not have to complete the medical questionnaire in advance. This can be done on-site on the day of their visit (however families of 4 or more applicants may be asked to complete and submit medical questionnaires on-line to save time)

Cost of Examination (tax included)

Age	Content of Examination	Cost
0-14	Measurements, Doctor's consultation, Tuberculosis blood test **	15,400 yen • Tuberculosis blood test (IGRA) → 11,550 yen (charged additionally if done)
15 and older	Measurements, Doctor's consultation, Chest X-ray, blood/urine test (if age appropriate)	31,900 yen

** Children aged 2-14 may require a tuberculosis blood test which will be decided by the doctor.

* Vaccination fees are not included in the price above.

* If all the required vaccinations are administered the total cost could add to more than 80,000 yen for applicants aged 15 and older; or more than 100,000 yen for applicants aged under 15.

Vaccinations

The requirements of vaccinations vary depending on your age. In some cases vaccinations can be exempt:

- 1) Applicants who have an official record of the applicable vaccinations.
- 2) Applicants who have had varicella (chicken pox) infection.
- 3) Live vaccinations, (Measles, Mumps, Rubella and Varicella) are exempt for pregnant applicants.
- 4) All vaccinations are exempt for applicants applying for IR-3/IR-4 (Orphans, Refugees and adopted children aged 10 and under.)

Required Vaccinations

Age Group	Required Vaccinations
Over 65 years	Td/Tdap, Varicella, Pneumococcal (PCV), Polio (IPV) (** also MMR if born in 1957 or later**)
60-64 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Polio (IPV)
19- 59 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis B, Polio (IPV)
18 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Meningococcal (ACWY)
11-17 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Pneumococcal (PCV), Meningococcal (ACWY)
7-10 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Pneumococcal (PCV)
5-6 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV)
1-4 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)
9 months- 11 months	DTP/ DTap, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)
6 months- 8 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)
8 weeks (2 months)- 5 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)
6 weeks- 7 weeks	Hepatitis B, Rotavirus
Birth- 5 weeks	Hepatitis B
More than 6 months	Influenza (between October- March)

Please see technical instructions from CDC for detailed information relating to vaccinations:

<https://www.cdc.gov/immigrant-refugee-health/media/pdfs/Vaccine-Requirements-According-to-Applicant-Age-panel-physicians-p.pdf>

https://www.cdc.gov/immigrant-refugee-health/hcp/panel-physicians/vaccination.html#cdc_generic_section_12-table-1-vaccine-requirements-according-to-applicant-age-for-panel-physicians

***Regarding Antibody tests:** Those who do not have vaccination records may choose to do antibody tests for measles, mumps, rubella, varicella, and hepatitis B. These results will take about 3-4 working days. If any tests come back negative, report completions will be put on hold until the required vaccinations are complete.

Report Completions (for paper-based exams)

Normal Service

Age 0-14: Report will be completed in 5-7 working days not including the examination day (if tuberculosis blood test is not done)**

Age 15 and older: Report will be completed in 5-7 working days (not including the examination day) if all results are normal and no further test results are pending. **

** The above time frames for report completions apply only to applicants with normal results and have no medical issues **

** Paper-based reports can be picked up or posted (by Letterpack)

Report Completions (for E-medical exams)

Age 0-14: Results will be submitted on-line directly to US Immigration through the E-medical system within 5-7 working days not including the examination day (if tuberculosis blood test is not done)

Age 15 and older: Results will be submitted on-line directly to US Immigration through the E-medical system within 5-7 working days (not including the examination day) if all results are normal and no further test results are pending.

** The above time frames for report completions apply only to applicants with normal results and have no medical issues **

Please make appointments through our Visa Reception Line: 03-3432-5181

Monday through Friday 10:00 am- 5:00 pm, (closed Sat/Sun/ National holidays)

Please check-in directly at the Physical Examinations Room on the 2nd Floor, Room #15.



March, 2025