



# United States Visa Medicals

## Items to bring

- 1) Original valid passport.
- 2) Case number letter (Letter from the US Embassy or National Visa Center/ NVC)- printed hard copy.
- 3) 4 photographs (Height 4cm x Length 3cm) for paper-based exams (ie. K-1/ Diversity/ Non-Immigrant visas)  
**\*\*Photos are not required for E-medical applicants\*\***  
**\*\*Please confirm if your case is E-medical or paper-based when making your appointment\*\***
- 4) Vaccination records (if available). (please bring paper copies, not the apps or photos)
- 5) Pregnant or possibly pregnant patients must present proof of pregnancy such as a medical certificate from an OBGYN doctor or mother-baby book. If you are pregnant, please inform our staff when booking your appointment. A chest x-ray must be performed to complete this exam. A protective covering will be used over the pelvic area but please consult your regular obstetrician if there are any concerns in taking the chest x-ray.
- 6) Applicants with serious medical conditions should bring details (medical certificate in English) regarding treatment and current health status.
- 7) Applicants with a history of tuberculosis infection should inform us in advance and previous chest X-ray films/ test results, medical certificate from a treating doctor, medication details should be brought in on the examination day.
- 8) Children under 6 years old should bring their "Mother & Child Notebook" if available.
- 9) Glasses or contact lenses (if worn)

**\*\* Please bring printed hard copies of all proofs/ documents (medical certificates, vaccination records, etc.) No digital files or apps. \*\***

## Precautions:

- **When taking the chest x-ray:** You will be asked to remove clothing covering the upper body (including shirts/ undershirts/ bras/ tank tops, etc.) before taking the chest x-ray. Please avoid wearing clothing that cannot be taken off quickly such as dresses/ overalls/ jumpsuits/ bodysuits, etc.
- **Female applicants** may undergo the medical during menstruation.
- The examination will take approximately 2 hours (for one applicant). Applicants will be called in order of appointment time (not in the order of arrival/ check in).
- **Please come at the set appointment time.** Examinations cannot be started early for those who come early, well before (ie.1-2 hours before) their set appointment time.
- Fasting is not required for this examination.

## Pre-Examination preparations

**For paper-based exams (K-1/ Diversity/ Non-Immigrant visas):** Applicants who have scheduled their appointment and undergoing paper-based exams are asked to complete an on-line medical questionnaire by 2 working days before the examination day so all necessary forms can be prepared before their visit. Please complete and submit the medical questionnaire through this link: <https://tmsc.jp/us-visa-application-form>

**For E-medical exams (Immigrant visas):** E-medical applicants do not have to complete the medical questionnaire in advance. This can be done on-site on the day of their visit (however families of 4 or more applicants may be asked to complete and submit medical questionnaires on-line to save time)

## Cost of Examination (tax included)

Age	Content of Examination	Cost
0-14	Measurements, Doctor's consultation, Tuberculosis blood test **	15,400 yen • Tuberculosis blood test (IGRA) → 11,550 yen (charged additionally if done)
15 and older	Measurements, Doctor's consultation, Chest X-ray, blood/urine test (if age appropriate)	31,900 yen

\*\* Children aged 2-14 may require a tuberculosis blood test which will be decided by the doctor.

\* Vaccination fees are not included in the price above.

\* If all the required vaccinations are administered the total cost could add to more than 80,000 yen for applicants aged 15 and older; or more than 100,000 yen for applicants aged under 15.

## Vaccinations

The requirements of vaccinations vary depending on your age. In some cases vaccinations can be exempt:

- 1) Applicants who have an official record of the applicable vaccinations.
- 2) Applicants who have had varicella (chicken pox) infection.
- 3) Live vaccinations, (Measles, Mumps, Rubella and Varicella) are exempt for pregnant applicants.
- 4) All vaccinations are exempt for applicants applying for IR-3/IR-4 (Orphans, Refugees and adopted children aged 10 and under.)

## Required Vaccinations

Age Group	Required Vaccinations
Over 65 years	Td/Tdap, Varicella, Pneumococcal, Covid-19
60-64 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Covid-19
19- 59 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis B, Covid-19
18 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Meningococcal (ACWY), Covid-19
11-17 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Meningococcal (ACWY), Covid-19
7-10 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Covid-19
5-6 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Covid 19
1-4 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Hib, Pneumococcal (PCV), Covid-19
9 months- 11 months	DTP/ DTap, Hepatitis B, Polio, Hib, Pneumococcal (PCV), Covid-19
6 months- 8 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio, Hib, Pneumococcal (PCV), Covid-19
8 weeks (2 months)- 5 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio, Hib, Pneumococcal (PCV)
6 weeks- 7 weeks	Hepatitis B, Rotavirus
Birth- 5 weeks	Hepatitis B
More than 6 months	Influenza (between October- March)

Please see technical instructions from CDC for detailed information relating to vaccinations:

<https://www.cdc.gov/immigrantrefugeehealth/pdf/Vaccine-Requirements-According-to-Applicant-Age-p.pdf>

**\*\* Regarding Polio Virus\*\*** Due to the on-going risk of polio transmission, CDC has announced that individuals who have lived in certain countries for 4 weeks or more within 12 months of the immigration medical examination should present proof of polio vaccination. If no vaccination records are available, you may be advised to have the polio vaccination at the time of examination.

Please refer to this link for more information about polio vaccination requirements:

<https://www.cdc.gov/immigrantrefugeehealth/panel-physicians/polio-addendum.html>

**New vaccination requirements for all applicants:**

All applicants aged 6 months and older are required to complete the primary vaccination series for Covid-19. Please refer to these links for details and vaccination schedules for Covid-19:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html#children>

<https://www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us.html#covid-vaccines>

**\*Regarding Antibody tests:** Those who do not have vaccination records may choose to do antibody tests for measles, mumps, rubella, varicella, and hepatitis B. These results will take about 3-4 working days. If any tests come back negative, report completions will be put on hold until the required vaccinations are complete.

**Report Completions (for paper-based exams)**

**Normal Service**

**Age 0-14:** Report will be completed in 5-7 working days not including the examination day (if tuberculosis blood test is not done)\*\*

**Age 15 and older:** Report will be completed in 5-7 working days (not including the examination day) if all results are normal and no further test results are pending. \*\*

\*\* The above time frames for report completions apply only to applicants with normal results and have no medical issues \*\*

\*\* Paper-based reports can be picked up or posted (by Letterpack) for an additional mailing fee of 550 yen.

**Report Completions (for E-medical exams)**

**Age 0-14:** Results will be submitted on-line directly to US Immigration through the E-medical system within 5-7 working days not including the examination day (if tuberculosis blood test is not done)

**Age 15 and older:** Results will be submitted on-line directly to US Immigration through the E-medical system within 5-7 working days (not including the examination day) if all results are normal and no further test results are pending.

\*\* The above time frames for report completions apply only to applicants with normal results and have no medical issues \*\*

Appointments are made (by telephone only) through our Visa Line: 03-3432-5181

Monday through Friday 10:00 am- 5:00 pm, (closed Sat/Sun/ National holidays)

Please check-in directly at the Physical Examinations Room on the 2<sup>nd</sup> Floor, Room #15.



May, 2023