



# New Zealand Visa Physical Examination

## Precautions when making your appointment:

- **If you have started your visa application and have an NZHR number**, please inform your NZHR number issued by New Zealand Immigration to our staff when making your appointment.
- **If you do not have an NZHR number**, please check which tests (INZ 1007/ 1201/ 1096) you will need to do before making the appointment. The test requirements will differ depending on the type of visa you are applying for and which forms you were instructed to use for your application process.
- Our staff cannot advise you on which tests you should do for your visa application. Please check with the appropriate visa office and make sure you know which tests you need before making your appointment.

## Items to bring

- 1) Original valid passport
- 2) Physical Examination Forms (INZ 1096 and/ or INZ 1007 or INZ 1201) printed and filled out in advance.

\*Please complete Section A of these forms prior to your appointment

\*The forms can be downloaded from the New Zealand Immigration website:

INZ 1007 (Full Medical): <https://www.immigration.govt.nz/documents/forms-and-guides/inz1007.pdf>

INZ 1201 (Limited Medical): <https://www.immigration.govt.nz/documents/forms-and-guides/inz1201.pdf>

INZ 1096 (Chest X-ray): <https://www.immigration.govt.nz/documents/forms-and-guides/inz1096.pdf>

\*Photos will be taken on site- you do not have to attach photos to the forms

- 3) Proof of pregnancy (medical certificate/ mother-baby book) for pregnant or possibly pregnant applicants (please inform our staff when making your appointment. The pelvic area will be protected. Please consult your obstetrician if you have any concerns.) (Once your pregnancy is verified, you will be exempt from taking the chest X-ray)
- 4) Applicants with serious medical condition(s) should bring a medical report with detailed information noting treatment and/or prognosis **in English** from their treating doctor.
- 5) "Mother and Child's book" (if available) for children 6 years old and under.
- 6) Applicants under 18 years of age must be accompanied by a parent or guardian.
- 7) Glasses or contact lenses (if worn). Corrected vision must be better than 0.5, 20/40 or 6/12 in the better eye.
- 8) Vaccination records (if applicable- see Precautions below **Regarding Polio Virus**)

\*Please refer to the New Zealand Immigration website for more information: <https://www.immigration.govt.nz/>

**\*\* Please bring printed hard copies of all proofs/ documents (medical certificates, vaccination records, etc.) No digital files or apps. \*\***

## Other Precautions

- Fasting is not required for this examination.
- Photos will be taken on site.
- **Female (INZ 1007) applicants:** please avoid coming in during menstruation. Applicants who are menstruating during their examination may be asked to come back on another day or reschedule their appointment.
- **Regarding Polio Virus:** Due to the on-going risk of polio transmission, clients who have lived in certain countries for 4 weeks or more are required to show proof of polio vaccination within the last 12 months. If no vaccination records are available, polio vaccination will be given at the time of examination.
- **When taking the chest x-ray:** You will be asked to remove clothing covering the upper body (including shirts/ undershirts/ bras/ tank tops, etc.) before taking the chest x-ray. Please avoid wearing clothing that cannot be taken off quickly such as dresses/ overalls/ jumpsuits/ bodysuits, etc.
- The examination will take approximately 2 hours (for one applicant). Applicants will be called in order of appointment time (not in the order of arrival/ check in).
- Please come at the set appointment time. Examinations cannot be started early for those who come early, well before (ie. 1-2 hours before) their set appointment time.

## Test requirements and costs

Please be aware that **the consumption tax is NOT included** in the cost below.

Consumption tax will be added at the time of payment. All units of one yen will be rounded up to the nearest 10 yen.

Age	Content of Examination and Cost INZ 1007		Content of Examination and Cost INZ 1201		INZ 1096
0-4	Measurement Consultation	¥10,000	Measurement, Consultation	¥10,000	Chest X-ray Only
5-10	Measurement, Consultation, Urine test	¥14,000			
11-14	Measurement, Consultation, Urine test, Chest X-ray	¥17,500	Measurement, Consultation, Chest X-ray	¥16,000	
Over 15	Measurement, Consultation, Urine test, Blood test*, Chest X-ray (CXR is exempt for pregnant applicants)	¥27,000	Measurement, Consultation, Chest X-ray, Blood test* (CXR is exempt for pregnant applicants)	¥25,300	

\*The required tests for INZ 1007 and INZ 1201 will differ for applicants aged 15 and over.

\*The lab test requirements are as follows:

INZ 1007 Applicants: HIV, Syphilis, Full Blood Count, Hepatitis B and C, and Urinalysis

INZ 1201 Applicants: Full Blood Count, Creatinine, eGFR

## Examination Results

All results will be submitted electronically directly to New Zealand Immigration via the e-medical system. The results of applicants who did only the chest X-ray (INZ 1096) will be submitted within 2-3 working days. Results of INZ 1007 or 1201 will be submitted within 7-10 working days (not including Saturdays/ Sundays/ holidays). This will apply only to applicants without medical issues. Our office will contact you if there are any abnormal findings.

## Office Hours

Appointments are made (by telephone only) through our Visa Line at 03-3432-5181 between 10:00am and 5:00pm from Monday to Friday excluding Saturdays and national Holidays.

Appointments are arranged on weekdays between 9:00 am-11:00 am/ 1:30 pm-3:00 pm.

Please check in directly at the Physical Examinations Dept on the 2<sup>nd</sup> floor (Room #15), located to the right of the clinic's main entrance.



May, 2023