



# United States Visa Medicals

## Items to bring

- 1) Original valid passport.
- 2) Case number letter (Letter from the US Embassy or National Visa Center/ NVC)
- 3) 4 photographs (Height 4cm x Length 3cm) for paper-based exams  
**\*\*Photos are not required for E-medical applicants\*\***  
**\*\*Please confirm if your case is E-medical or paper-based when making your appointment\*\***
- 4) Vaccination records (if available)
- 5) Pregnant or possibly pregnant patients must present proof of pregnancy such as a medical certificate from an OBGYN doctor or mother-baby book. If you are pregnant, please inform our staff when booking your appointment. A chest x-ray must be performed to complete this exam. A protective covering will be used over the pelvic area but please consult your regular obstetrician if you have any concerns.
- 6) Applicants with serious medical conditions should bring details (medical certificate in English) regarding treatment and current health status.
- 7) Applicants with a history of tuberculosis infection should inform us in advance and previous chest X-ray films/ test results, medical certificate from a treating doctor, medication details should be brought in on the examination day.
- 8) Children under 6 years old should bring their "Mother & Child Notebook" if available.
- 9) Glasses or contact lenses (if worn)

## Pre-Examination preparations

**For paper-based exams:** Applicants who have scheduled their appointment and undergoing paper-based exams are asked to complete an on-line medical questionnaire before the examination day so all necessary forms can be prepared before their visit. Please complete and submit the medical questionnaire through this link:  
<https://tmsc.jp/us-visa-application-form>

**For E-medical exams:** E-medical applicants do not have to complete the medical questionnaire in advance. This can be done on-site on the day of their visit (however families of 4 or more applicants may be asked to complete and submit medical questionnaires on-line to save time)

## Pre-Examination precautions relating to COVID-19

- 1) Applicants coming from overseas should complete their 10-14 day quarantine before undergoing their visa medicals in Japan.
- 2) Applicants who have any of the following symptoms should avoid coming in: fever, chills, shortness of breath, fatigue, muscle and body aches, headache, new loss of taste or smell, sore throat, nasal congestion, runny nose, nausea, vomiting, diarrhea, temperature of 37.5°C or above in the past 48 hours; or been in contact with anyone showing symptoms or known to have Covid-19 in the last 14 days.
- 3) The medical examination must be postponed for applicants who have symptoms of Covid-19 (as described in #2), recent exposure to Covid-19, or a positive laboratory test for Covid-19 until they have met the recovery criteria to end isolation as defined by their local public health office.
- 4) Close contacts of persons with Covid-19 should also be tested and must postpone the medical examination until quarantine criteria have been met.

## Cost of Examination (tax included)

Age	Content of Examination	Cost
0-14	Measurements, Doctor's consultation, Tuberculosis blood test **	<b>15,400 yen</b> • Tuberculosis blood test (IGRA) → <b>11,550 yen</b> (charged additionally if done)
15 and older	Measurements, Doctor's consultation, Chest X-ray, blood/urine test (if age appropriate)	<b>31,900 yen</b>

\*\* Children aged 2-14 may require a tuberculosis blood test which will be decided by the doctor.

\* Vaccination fees are not included in the price above.

\* If all the required vaccinations are administered the total cost could add to more than 70,000 yen for applicants aged 15 and older; or more than 100,000 yen for applicants aged under 15.

\* Urgent/ Expedited service is available for an additional 8,800 yen only for certain age groups.

\* Female applicants may undergo the medical during menstruation.

\* The examination will take about 2 hours (for one applicant).

\* Fasting is not required for this examination.

### Additional tests may be required for certain cases as noted below:

- 1) Applicants with a history of Tuberculosis → TB sputum & culture tests (Sputum samples must be obtained on 3 consecutive days. The results will be available within 10 weeks. If your appointment at the US Embassy has been already made, please contact them to reschedule.)
- 2) Applicants who do not have official vaccination records may choose to do antibody tests for measles, mumps, rubella, and varicella. These results will be available in 3-4 working days. You will need to be vaccinated if any of these results are negative.
- 3) As of October 1, 2021- applicants showing symptoms of Covid-19 may be advised to do a PCR test.

### Antibody test

It will take about 3-4 working days to obtain these results. If your results are negative, you will need to be vaccinated before finalizing your report. You may come back to our clinic for the vaccinations or go to a local clinic/ hospital. If you choose to have the vaccinations at medical facility elsewhere, we will need the original proof of vaccination issued by that facility to complete your report.

### Vaccinations

#### NEW REQUIREMENT FOR ALL APPLICANTS FROM OCTOBER 1<sup>st</sup> 2021:

All applicants who receive their medical examination from a panel physician on or after October 1, 2021 must complete the COVID-19 vaccine series and provide documentation of vaccination to the panel physician before completion of the medical examination. This currently applies to all applicants aged 12 years and older. Please note that any COVID vaccination listed by the World Health Organization (WHO) or authorized by the US Food and Drug Administration (FDA) is acceptable. If the series is a 2 dose formulation (such as Pfizer-BioNTech, Moderna, AstraZeneca), then BOTH doses must be completed prior to the applicant's medical examination.

(Note: the Japanese Ministry of Health, Labour and Welfare advises that you leave 2 weeks in between (before/after) the Covid-19 vaccination and other vaccinations)

The requirements of vaccinations vary depending on your age. In some cases vaccinations can be exempt:

- 1) Applicants who have an official record of the applicable vaccinations.
- 2) Applicants who have had varicella (chicken pox) infection.
- 3) Live vaccinations, (Measles, Mumps, Rubella and Varicella) are exempt for pregnant applicants.
- 4) All vaccinations are exempt for applicants applying for IR-3/IR-4 (Orphans, Refugees and adopted children aged 10 and under.)

## Required Vaccinations

Age Group	Required Vaccinations
Over 65 years (Born in 1956 or before)	Td/Tdap, Varicella, Pneumococcal (PPSV23), Covid-19
18-64 years (Born in 1957 or later)	Td/Tdap, Measles, Mumps, Rubella, Varicella, Covid-19
12-17 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Meningococcal (ACWY), Covid-19
11 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Meningococcal (ACWY)
7-10 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio
5-6 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio
2-4 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio, Hib, Pneumococcal (PCV)
12 months (1 year)	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, polio, Hib, Pneumococcal (PCV)
9 months- 11 months	DTP/ DTap, Hepatitis B, Polio, Hib, Pneumococcal (PCV)
2 months- 8 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio, Hib, Pneumococcal (PCV)
6 weeks- 1 month	Rotavirus, Hepatitis B
Birth- 5 weeks	Hepatitis B
More than 6 months	Influenza (between October- March)

Please see technical instructions from CDC for detailed information relating to vaccinations:  
<https://www.cdc.gov/immigrantrefugeehealth/exams/ti/panel/vaccination-panel-technical-instructions.html>  
<https://www.cdc.gov/immigrantrefugeehealth/pdf/Vaccine-Requirements-According-to-Applicant-Age-p.pdf>

**\*\* Regarding Polio Virus\*\*** Due to the on-going risk of polio transmission, CDC has announced that individuals who have lived in certain countries for 4 weeks or more within 12 months of the immigration medical examination should present proof of polio vaccination. If no vaccination records are available, you may be advised to have the polio vaccination at the time of examination.

**For US visa applicants:** Afghanistan, Pakistan, Madagascar, Malaysia, Yemen, Benin, Burkina Faso, Cameroon, Central African Republic, Chad, Côte d'Ivoire, Democratic Republic of the Congo, Egypt, Ethiopia, Ghana, Guinea, Iran, Kenya, Liberia, Malaysia, Mali, Niger, Nigeria, Republic of Congo, Senegal, Sierra Leone, Somalia, South Sudan, Sudan, Tajikistan, and Togo

(Note: this list is subject to change on a regular basis)

## Report Completions (for paper-based exams)

### Normal Service

**Age 0-14:** Report will be completed in 3-4 working days not including the examination day (if tuberculosis blood test is not done)\*\*

**Age 15 and older:** Report will be completed in 5-7 working days (not including the examination day) if all results are normal and no further test results are pending.\*\*

### Urgent Service

**Age 0-14:** Report will be ready by 5:00 pm on the same day only for applicants who underwent medicals by 12:00 pm of the same day.

**Age 15 and older: Not available**

\*\* The above time frames for report completions apply only to applicants with normal results and have no medical issues \*\*

\*\* Paper-based reports can be picked up or posted (by Letterpack) for an additional mailing fee of 550 yen.

## **Report Completions (for E-medical exams)**

### **Normal Service**

**Age 0-14:** Results will be submitted on-line directly to US Immigration through the E-medical system within 3-4 working days not including the examination day (if tuberculosis blood test is not done)

**Age 15 and older:** Results will be submitted on-line directly to US Immigration through the E-medical system within 5-7 working days (not including the examination day) if all results are normal and no further test results are pending.

### **Urgent Service**

**Age 0-14:** Report will be ready by 5:00 pm on the same day only for applicants who underwent medicals by 12:00 pm of the same day.

**Age 15 and older: Not available**

\*\* The above time frames for report completions apply only to applicants with normal results and have no medical issues \*\*

Please make appointments through our Visa Reception Line: 03-3432-5181

Monday through Friday 10:00 am- 5:00 pm, (closed Sat/Sun/ National holidays)

Please check-in directly at the Physical Examinations Room on the 2<sup>nd</sup> Floor, Room #15.

January, 2022