United States Visa Physical Examination

Items to bring

1) Original valid passport

2) Case number letter (Letter from the US Embassy or National Visa Center/ NVC)

3) 4 photographs (Height 4cm × Length 3cm) for paper-based exams (ie. K-1/ Diversity/ Non-Immigrant visas) Photos are not required for E-medical applicants - Please confirm if your case is E-medical or paper based when making your appointment

4) Applicants with history of TB or serious medical condition(s) should bring a medical report with detailed information noting treatment and/or prognosis **in English** from their treating doctor

5) "Mother and Child's book" (if available) for children 6 years old and under

- 6) Glasses or contact lenses (if worn)
- 7) Vaccination records (including past COVID19 vaccinations if available)

8) Proof of pregnancy (medical certificate/ mother-baby book) for pregnant or possibly pregnant applicants

** Please bring printed hard copies of all proof documents (e.g. medical certificates, vaccination records). Digital files, photos, or apps cannot be accepted. **

Precautions

- Examinations are performed by appointment only (no walk-ins).
- A valid passport is required for this examination. We will not be able to perform the examination without a valid passport.
- Fasting is not required for this examination.
- The examination will take approximately 2 hours
- Applicants will be called in order of appointment time (not in the order of arrival or check in).
- Please come at the set appointment time. Examinations cannot be started early for those who come early. Please avoid coming in more than 1 hour before your appointment time.
- Female applicants may undergo the medical during menstruation.
- Please inform our staff if you are pregnant.
- Persons under 18 years of age must be accompanied by a parent or guardian.

Chest Xray

When taking the chest Xray, you will be asked to remove all clothing covering the upper body (including underwear). Please avoid clothing that cannot be taken off quickly.

Pregnant applicants are not exempt from the Xray requirement. In this case, the Chest Xray can be performed with abdominal shielding.

Test requirements and costs

Age	Content of Examination	Cost
0-14	Physical Examination	¥15,400
2-14	TB blood test (if required based on the patient's situation)	(¥11,550)
15+	Physical Examination, Chest Xray, Blood test/ Urine test	¥31,900

Please note that these fees do not include the cost of vaccinations (see below)

Required Vaccinations

Over 65 years	Td/Tdap, Varicella, Pneumococcal (PCV), Polio (IPV)	
	(** also MMR if born in 1957 or later **)	
60-64 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Polio (IPV)	
19-59 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis B, Polio (IPV)	
18 years	Td/Tdap, Measles, Mumps, Rubella, Hepatitis A, Hepatitis B, Polio (IPV), Meningococcal (ACWY)	
11-17 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Pneumococcal (PCV), Meningococcal (ACWY)	
7-10 years	Td/Tdap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Pneumococcal (PCV)	
5-6 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV)	
1-4 years	DTP/ DTap, Measles, Mumps, Rubella, Varicella, Hepatitis A, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)	
9 months- 11 months	DTP/ DTap, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)	
6 months- 8 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)	
8 weeks (2 months)- 5 months	DTP/ DTap, Rotavirus, Hepatitis B, Polio (IPV), Hib, Pneumococcal (PCV)	
6 weeks- 7 weeks	Hepatitis B, Rotavirus	
Birth- 5 weeks	Hepatitis B	
More than 6 months	Influenza (between October- March)	

Receiving adequate vaccination as per CDC guidelines is a requirement to pass the Visa Physical Examination. The required vaccinations vary according to the age of the applicant. For an up to date list of these, please see the links below:

https://www.cdc.gov/immigrant-refugee-health/hcp/panelphysicians/vaccination.html#cdc generic_section 12-table-1-vaccine-requirementsaccording-to-applicant-age-for-panel-physicians https://www.cdc.gov/immigrant-refugee-health/media/pdfs/Vaccine-Requirements-According-to-Applicant-Age-panel-physicians-p.pdf

Polio Virus vaccination

Due to the on-going risk of polio transmission, clients who have lived in certain high-risk countries for 4 weeks or more in the last 12 months are required to show proof of polio vaccination. If no vaccination records are available, polio vaccination will be offered at the time of examination.

Antibody testing

For Measles, Mumps, Rubella and Varicella, applicants without official vaccination records may choose to do antibody tests instead. These results will be available in 3-4 working days. A follow-up visit for vaccination will be required if the antibody result is negative.

Tuberculosis

For patients with a history of tuberculosis, sputum culture testing is required. This takes a total of 10 weeks to process due to the time taken to perform the test. Please note that for patients who have a history of tuberculosis or findings suggestive of tuberculosis on their Xray, the submission time may be significantly delayed due to this.

Submission times

For patients with normal results and no additional testing requirements, results will be submitted online directly to US Immigration through the eMedical system within 5-7 working days. For patients with abnormal results or other testing requirements, submission time may vary according to these conditions. For an estimate of the submission time in these cases, please discuss this with the doctor at the time of appointment.

Making an Appointment

Please make an appointment through our Visa Reception Line on the number below: 03-3432-5181

We do not accept e-mail enquiries relating to appointment requests or information about appointment availability. Please note that appointments cannot be made via email.

Our office is open between 10:00am and 5:00pm from Monday to Friday. Appointments are available from 9am to 11am, and 1:30pm to 3:00pm from Monday to Friday.

When you arrive at the clinic, please check in directly at the 2nd floor Physical Examinations Room (Room 15).

Medical questionnaire

Those who have scheduled appointments may fill out the medical questionnaire in advance by clicking this link: <u>https://tmsc.jp/jp/us-visa-application-form</u> Or complete the form on paper on the day of the examination.